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Newsletter 9

Monday 1st November 2021

**Believe and Achieve**

## Healthy School Status

The school is very proud of our Healthy School status and logo which is on display on all our official documentation. To get this award we had to go through a thorough process demonstrating to external parties all the things the school does to proactively educate children about the important of eating healthily. Part of that education includes what they have in their sandwich boxes and what they may choose to have at break.

Listed below are some suggestions you may wish to reflect on.

### Break Time Snack

Reception and Key Stage One **do not** need to bring anything in, as all pupils are provided with a piece of fruit everyday.

Key Stage Two. Pupils can purchase a slice of toast from the kitchen at a cost of 20 pence. Alternatively they can bring something healthy in from home. This could include a piece of fruit, raisins, a cereal bar, a biscuit, a rice cake or something else. Without over simplifying it, as long as it is not crisps or a food that has chocolate in it, then there is good chance they may eat it. To help with organisation this **should not** be placed in their sandwich box.

### Lunchtime Pack Lunches

At lunchtime we adopt the same approach but we do allow one packet of crisps and a biscuit which may include some chocolate but is not a solid chocolate bar.

We hope this helps with any confusion.



We successfully managed to raise over £500 for MIND. Thank you for your generosity.

**HATS ON 4  
MENTAL HEALTH**

Clubs restart this week. Please ensure you are here to collect your child promptly at 4:10pm. Thank You.



## Poppy Appeal

Throughout this week, poppies will be on sale as part of the British Legion Appeal. We have encouraged the children to make a donation with a “silver coin”, which is at least 20 pence and hopefully more, with the understanding they can only get one for themselves. Other merchandise is available for at least £1 I hope you can support us with this worthy appeal.



## 30 days in November

During November, we are again holding our annual competition to reward those children and classes who achieve full attendance throughout the next six weeks.

Classes can win up to £120 to spend on a special Christmas treat. Please support your child by *ensuring that they are in school every day and arrive at school on time.*

30 days in November						
5	6			10	11	
12	13			17	18	
19	20			24	25	
26	27					

## Polite Warning

I been informed that over the next month PCSO's will be on patrol at the beginning and end of the school day. I believe they will be targeting roads and paths around the school for illegal or improper parking. I understand they will especially be focussing on Caldwell Road and how cars are parked outside the church. Please remember that the area is first and foremost a pavement for pedestrian use.

I have been informed they can issue fines.

Remember that you can park at the Pingles for no cost and enter from the gate by the running track.



## Knowledge Organisers@Wembrook (KOW's)

Each half term, children bring home a Knowledge Organiser. This document contains some of the essential knowledge that children will need to know as part of the new topic they will be studying in class. These Knowledge Organisers are designed to be used at home by parents to help children learn the information contained within. We want every pupil to be able to recall the information on these sheets off by heart by the end of the topic. It maybe that teacher will set a small section of the Knowledge Organiser to be learned by heart for homework. This knowledge will be tested at the end of the half term. Please note that children do not have to learn the exact wording of the definitions and facts included, although this should be encouraged where possible. If they can put the information in their own words this is acceptable. We will also be learning the same information in class. The best way to use the Knowledge Organiser at home is as follows;

- Children read the information from the section to be learned (possibly with an adult)
- They then try and recall the information (this can be written down or verbally)
- An adult tests them on the information
- The key to success is to repeat this regularly over the week
- It is also important to keep revising the information that has already been learned in previous weeks to keep it fresh in the memory

