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Newsletter 23

Monday 9th February 2026

## Internet Safety Week 2026\*

As usual, we will be using the month of February as a time to focus and remind pupils and PARENTS about keeping themselves safe. If you want to know what is extra special and very scary about this newsletter, please read on.\*

In 2026, keeping children safe on social media requires a combination of open communication, technical boundaries, and staying informed about evolving platform features.

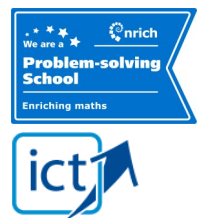
### 1. Foster Open Communication

- **Start Early and Regularly:** Initiate conversations as soon as your child begins using any digital device. Make digital wellbeing a normal part of daily talk, similar to asking about their school day.
- **Stay Calm and Curious:** If they encounter something upsetting, remain calm to ensure they feel safe coming to you again without fear of "digital punishment" (like losing their phone).
- **The "Grandma Rule":** Teach them the "WWGS?" (What Would Grandma Say?) rule—never post anything they wouldn't want a teacher, employer, or grandparent to see.

### 2. Set Technical Boundaries

- **Use Parental Control Tools:** Leverage built-in systems like Apple Screen Time or Google Family Link to set daily app limits, schedule "downtime," and filter content.

**Believe and Achieve**



- **Strict Privacy Settings:** Manually set accounts to **Private** so only approved followers can see posts. Use "Communication Safety" features on modern devices to automatically blur explicit images in messages.

- **Disable Location Sharing:** Ensure "Precise Location" is turned off for social media apps to prevent children from unintentionally sharing their real-time whereabouts.

### 3. Manage Safety and Privacy

- **Verify Age Limits:** Most platforms (Instagram, TikTok, Snapchat) require users to be at least **13**. Be aware that the UK government is currently consulting on measures that may further restrict social media for those under 16.

- **Audit "Sharenting":** Lead by example; ask your child's permission before posting photos of them to model digital consent and respect.

- **Protect Personal Data:** Teach children never to share their school name, home address, or full birth date in their bios or posts.

### 4. Recommended Resources for 2026

[Internet Matters](#): Provides step-by-step guides for setting up privacy on specific apps like TikTok, Roblox, and Instagram.

[NSPCC Online Safety Hub](#): Offers advice on handling cyberbullying and mental health impacts of social media.

**Class Assemblies**  
Wednesday's 9:05am

Wednesday 4th March	5LF
Wednesday 11th March	1MC
Wednesday 18th March	2AK

### Dates for your Diary

Monday 16th February—Friday 20th February	Half Term
Monday 23rd February	Roman Theatre group in Year Three
Thursday 26th February	Class photographs

As we approach the half term break we have an alarming number of coats in our lost property . Please check your child's coat is not left in school during the half term break.

**\* The article about Internet Safety Week was completely written by AI !!!**