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Newsletter 8

Friday 3rd October 2025

Pause

You hopefully have received a Parent Mail about the Pause workshop, please reply to it if you wish to attend.

Pause is an app which was made by experts at Warwick University. It helps parents use skills they learn in parenting programs through simple reminders and tips.

Developed with parents and professionals, *Pause* can easily be used and personalised and is available in a range of languages.

Workshop with the creator on Monday 13th October at 2:30pm.



Second Enter the code **FF100** for free access

School Photographs

The school photographers are in school on Wednesday 22nd October.

The photographers will be in school from 8:30am onwards, to take individual and family portraits. These photographs will be ready to give as Christmas presents.

Those parents who want family photographs with younger siblings who are not yet of school age are quite welcome to take their children to the hall for a photograph at 8:30am. Be aware there may be a wait. Family photographs of children in school will be taken during the school day. If you do not wish your child to be photographed, please make office staff aware of this.

Parents of afternoon nursery children with younger brothers and sisters can wait in the front meeting rooms at the beginning of your afternoon session.



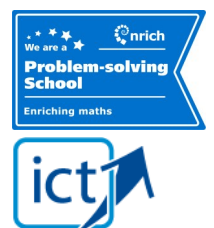
Believe and Achieve

Look out for the newsletter next week which will have all the information about Parents Evening

Wednesday 22nd October 3:40pm– 5:30pm

Thursday 23rd October 3:40pm –7:00pm

Nursery parents will be having their Parents' Evening in November, when the children have been in school for a little longer.



Healthy snacks and lunch including Nursery Pupils

A reminder that healthy options should be in your child's lunchbox. Please remember **fizzy drinks**, **sweets** and **chocolate bars** should never be part of a school packed lunch, although we do allow a small biscuit covered in chocolate.

At break time Foundation and Key Stage One receive free fruit. Key Stage Two pupils can either purchase a snack from the snack bar or bring a healthy snack from home, such as fruit.

Key Stage Two pupils should not be taking snacks out of their lunchbox to eat at break.



Many pupils bring in their own water in their drinking bottles. As a healthy school we strongly encourage pupils to have water. The school actively discourages the use of squash, for lots of health reasons including it being very sticky if spilt. The water should also not be fizzy.

For a very small number of pupils who genuinely do not like water we are aware that flavoured waters are available. Our official line is that these waters can be very unhealthy as well as expensive and we strongly advise parents against purchasing them.

However, if this is the only way to get your child to drink, we will allow them in school. We would strongly recommend that you read the labels closely, as some brands can contain more sugar than a fizzy drink!

The golden rule is if there is something in the bottle that is not pure water, it should be of a faint colour so not bringing attention to itself!!!!!!!



Harvest Festival

The Harvest Festival celebrations will take place on Wednesday 8th October.

Unfortunately, due to lack of space, parents will not be able to attend.

We would like the children to bring a contribution of food on either Tuesday 7th or Wednesday 8th.

The collected food will be distributed to some local charities and old people's homes.

You can send fresh produce although tins and packets are much easier to organise.

One of the charities we are supporting is the Nuneaton Foodbank. They especially would like:

Tinned vegetables/fruit

Pasta sauce

Tinned meat/fish

Jam

Cereals

Tinned tomatoes

Biscuits

Tea Bags

Coffee

Tinned Pudding

Instant mashed potatoes

