

PSHE (Families and Relationships)

Please help your child with their learning by going through this fact sheet with them. They will be quizzed on this at the end of half term. We appreciate your support.

Bullying is causing repeated physical or emotional pain to someone.

A bystander would stand by and watch what was happening if someone was being bullied.

Childline is a great organisation for children that have worries.

If you fall out with a friend, try to talk your problems through or ask an adult to help.

In the UK, anybody above the age of 18 can get married.

Marriage is the legal commitment of two people to each other.



Cyberbullying is when the internet is used to cause emotional harm to someone.

A stereotype is an idea or belief about somebody based on how they look.

The qualities and attributes that make up someone's personality or called attributes.

If you are worried about something you should tell a trusted adult.

Key Vocabulary

- ➔ **Respect** - Treating yourself and others with kindness and consideration.
- ➔ **Friendship** - A relationship between people who like each other and enjoy spending time together.
- ➔ **Commitment** - A promise or dedication to someone such as a friendship or marriage.
- ➔ **Support** - Helping and caring for others, especially in difficult times.