Wembrook Primary School's Response to Social Emotional Mental Health

UNIVERSAL PUPIL SUPPORT

CLASSROOM TEACHER

Speak to the pupil

Use 'I am wondering if…you are feeling…' Emotional coaching approach

Catch them being good

Monitor behaviours - reward improved behaviours

Tactical ignoring.

Praise those around them

Ring/email parents

Move seats

Speak to SENCO/Family Support.

Give them SMART targets/PLP

Follow behaviour policy

Record concerns onto CPOMS

Movement breaks.

Follow behaviour plans

Meet and greet pupils each morning

Set up 'safe space' for pupil - where can they go if they are dysregulated or highly anxious?

Calm box

Check in with a walk with Nellie

Monitor AH attendance

Reward initiatives

Worry boxes/monsters

SUPPORT

PHASE LEADER

Always be mindful that behaviour is a form of communication

Question 'What might this behaviour be telling us?'

Ring parents/carers

Regular meetings with the student.

Monitor behaviours - reward improved behaviours

Follow behaviour policy

Communicate with class teacher around further action/support.

Monitor

INTERNAL REFERRAL

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INTERNAL PUPIL SUPPORT

SENCO

One to one mentoring

SEN Assessment (cognition, attainment, dyslexia screening)

Individual Support Plan/Behaviour Plan

Coordinate external agency involvement

Social Communication and interaction work

Access Arrangements

Reasonable adjustments (behaviour and attainment)

LSA Support

Meetings/parental support

Letters/phone calls

Referrals for Social, Emotional and Mental Health

HEAD TEACHER

Parental meetings

Behaviour Contract

Meetings with parents

Monitor behaviours

Attendance

Safeguarding

PASTORAL SUPPORT LEARNING MENTORS

Relax Kids

One to one mentoring

Family Help through Family First

Sycamore Counsellor

Letters/phone calls to parents

Meetings with parents

Refer to external agencies

Riverside Café

Dragonfly/Nurture

Lego Therapy

Nellie School Dog/Dog Mentoring

Elsa interventions

CBT

Home visits

Friendship support

Drawing and Talking

Positive impact

Support for Transition times

EXTERNAL REFERRAL

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EXTERNAL PUPIL SUPPORT

EXTERNAL AGENCY INVOLVEMENT

Social Care

Mental Health in Schools Team

RISE/CAMHS (Child and Adolescent Mental Health Service)

Young Carers.

School Nurse/COMPASS

Barnados

Sycamore Counselling

LAC - one to one tutors

Family Support Workers - through Family Help

Educational Welfare Service (SAP/Court/Fine)

Family Intervention Service

Educational Psychology

Victim Support / Safeline

Support from WAS