

Educaterers Lunch Menu Week 3 – w/c 13/04, 04/05, 01/06, 22/06, 13/07, 31/08, 21/09, 12/10

	Red Option	Green Option	Brown Option Jacket Potatoes Every Day	Blue Option Pasta Bar: One Choice Every Day	Dessert
MONDAY	(v) (h) Mac 'n' Cheese (G.D)	(vg) Plant Power Burger (G)	(v) Cheese/Beans (D) or (v) Cheese (D) or Tuna Mayonnaise (F.E)	(vg) Herby Tomato Pasta (G)	(v) Strawberry Whip with Fruit (D)
TUESDAY	(h) Beef Lasagne (G.D)	(vg) Garden Vegetable Fingers (G)		(v) Pepperonata (G)	(v) (h) Apple Cookie (G.E) (v) Ice Cream (D)
WEDNESDAY	Roast Chicken Fillet Yorkshire Pudding (G.E.D)	(v) Plant Power Toad in the Hole (G.E.D)		Carbonara (G.D)	(v) Pancake with Fruit (G.E.D)
THURSDAY	Pork Hot Dog (G.SU.SB)	(v) (h) Vegetable Curry		(v) Mac 4 Cheese (G.D.M)	(v) (h) Jim Jam Chocolate Brownie (G.E.D)
FRIDAY	Salmon Fishcake (F.G)	(v) Cheese & Tomato Pizza Wedge (G.D)		(v) Mascarpone Tomato & Basil (G.D)	(v) (h) Carrot & Orange Cookie (G) (vg) Jelly with Fruit

Key	
vg = vegan	G = Gluten/Wheat
v = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconuts/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	h = homemade