

## Educaterers Lunch Menu Week 1 – w/c 20/04, 11/05, 08/06, 29/06, 20/07, 07/09, 28/09, 19/10

	Red Option	Green Option	Brown Option Jacket Potatoes Every Day	Blue Option Pasta Bar: One Choice Every Day	Dessert
<b>MONDAY</b>	Pork Meatballs in Tomato Sauce (G).	(v)(h) Vegetable Cottage Pie (G.D.SB)	(v) Cheese/Beans (D) or (v) Cheese (D) or Tuna Mayonnaise (F.E)	(vg) Herby Tomato Pasta (G)	(v) (h) Honey & Ginger Cookie (G)
<b>TUESDAY</b>	(h) Mild Chicken Curry	(v) Cheese & Tomato Pizza Wedge (G.D)		(v) Mac 4 Cheese (G.D.M)	(vg) (h) Chocolate Cracknell (G)
<b>WEDNESDAY</b>	Roast Pork, Apple Sauce	(vg) Quorn Roast, Apple Sauce (G)		Carbonara (G.D)	(vg) (h) Jam Tart (G) (v) Frozen Swirl Mousse (D)
<b>THURSDAY</b>	(v) (h) Broccoli & Sweetcorn Pasta (D.G)	(v) Plant Power Sausages (D)		(v) Pepperonata (G)	(v) (h) Eves Pudding (G.E.D) (Vanilla Apple Sponge Cake)
<b>FRIDAY</b>	Fish Fillet Fingers (F.G)	(v) (h) Cheese & Baked Bean Pasty (G.D)		(v) Mascarpone Tomato & Basil (G.D)	(vg) (h) Flapjack (G) (vg) Jelly with Fruit

Key	
vg = vegan	G = Gluten/Wheat
v = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconuts/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	h = homemade