

Educaterers Lunch Menu Week 2 – w/c 12/05, 09/06, 30/06, 15/09, 06/10

	Red Option	Green Option	Brown Option Jacket Potatoes Every Day	Blue Option Pasta Bar: One Choice Every Day	Dessert
MONDAY	Moroccan Chicken Pasta (G)	(vg) Crispy Vegetable Fingers (G)	(v) Cheese/Beans D. or (v) Cheese D. or Tuna Mayonnaise F.E.	Chicken Fajita Pasta (G) and Salad.	(vg) Homemade Flapjack (G)
TUESDAY	(v) Rustic Pizza Wedge (G.D.SB)	(v) Roasted Vegetable Frittata (D.E)		(vg) Herby Tomato Pasta (G) and Salad.	(vg) Homemade Shortbread (G)
WEDNESDAY	British Roast Chicken, Stuffing (G)	(vg) Quorn Roast (G) Optional Stuffing (G)		Pepperonata Pasta (G) and Salad.	(v) Ice Cream Tub (D)
THURSDAY	Pork Sausages (G.SU.SB)	(vg) Sweet 'n' Sour Quorn (E)		(v) Mac 4 Cheese Pasta (G.D) and Salad.	(v) Homemade Peach Melba Sponge (G.E)
FRIDAY	Crispy Salmon Fishcake (F.G)	(vg) Plant Power Burger in a Bun (G)		(v) Tomato & Basil (G.D) Pasta and Salad.	(vg) Jelly with Fruit.

Key

vg = vegan	G = Gluten/Wheat
v = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconuts/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	

Every day we offer:

(v) Yoghurt, (D.SB) or Fresh fruit as alternative dessert options.