

Educaterers Lunch Menu Week 3 – w/c 21/3, 25/4, 16/5, 13/6, 4/7.

	Red Option (Meat Free Monday)	Green Option	Brown Option Jacket Potatoes Every Day	Blue Option Pasta Bar: One Choice Every Day	Dessert
					Every day we offer: (v) Yoghurt, (D.) or fresh fruit as alternative dessert options.
MONDAY	Cheese and Tomato Pizza D.G.	(v) Sweet and Sour Quorn G.E.	(v) Cheese/Beans D. or (v) Cheese D. or Tuna Mayonnaise F.E.	Pasta with Cheese Sauce.	(v) Chocolate Mousse with Fruit D. (vg) Homemade Cherry Cookie G.SU.
TUESDAY	Brunch: Sausage G.SU. Omelette D.E.	(v) Cheesy Tomato Pasta G.D.		(v) American Pancake with Fruit Toppings G.E.D. If served with lemon juice contains SU	
WEDNESDAY	Roast Pork, Apple Sauce	(vg) Quorn Roast G. Apple Sauce		(v) Homemade Chocolate Orange Brownie G.E. with Hot Chocolate Sauce D.	
THURSDAY	Beef Grill G. in a Bun G.	(vg) Plant Power Burger in a Bun G.		(v) Ice Cream Tub D. (vg) Homemade Ginger Cookie G.	
FRIDAY	Breaded Fish Fillet F.	(v) Roasted Vegetable Tart G.D.E.		(v) Tomato Mascarpone D.G. (v) Homemade Sticky Toffee Cake G.E.D.SB.	

Key	
vg = vegan	G = Gluten/Wheat
V = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconuts/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	