

Meat Free Monday



(v) Cheese and Tomato Pizza Wedge (D.G.)



(vg) Plant Power Veggie Balls with Rustic Tomato Sauce

Every day choose from:



PASTA WITH CHEESE SAUCE

Tuesday



Organic Beef Grill (G.) in a Bun (G.)



(v) Cheesy Pasta Bake (G.D.)



(v) Jacket Potato with Cheese (D.)

or



Pasta with Bangers and Beans (G.)

Wednesday



Roast Chicken Joint or Fillet



(v) Quorn Fillet (E.)



Jacket Potato with Tuna Mayonnaise (E.F.)

or



Italian Meatballs with Pasta (G.)

Thursday



Organic Beef and Tomato Fusilli (G.)
Optional Cheese (D.)



(vg) Veggie Hot Dog (G.)



(v) Jacket Potato with Cheese and Beans (D.)



BBQ Chicken Pasta (G.)

Friday



Gluten Free Fish Fillet Fingers (F.)



(v) Jacket Potato with Cheese (D.)



(v) Tomato Mascarpone Pasta (G.D.)

Week 3 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Chocolate Cracknel (G.)

Tuesday

Jelly with Fruit or
(v) Ice Cream Tub (D.)

Wednesday

(v) Homemade Syrup Sponge (G.E.)
with Custard (D) or
(vg) Homemade Zesty Orange Cookie (G.)

Thursday

(vg) Homemade Shortbread (G.)

Friday

(v) Homemade Chocolate and Pear Brownie (G.E.)
(v) Ice Cream Tub (D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

- vg = vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

