

Educaterers Lunch Menu Week 2 – w/c 06/11, 27/11, 18/12, 22/01, 04/03

	Red Option	Green Option	Brown Option Jacket Potatoes Every Day	Blue Option Pasta Bar: One Choice Every Day	Dessert
MONDAY	British Pork Sausages with Gravy & Mashed Potatoes (G.SU)	Cheese and Baked Bean Pasty with Diced Potatoes (G.D)	(v) Cheese/Beans D. or (v) Cheese D. or Tuna Mayonnaise F.E.	(v) Tomato Mascarpone D.G.	(vg) Homemade Flapjack with Fresh Fruit Wedges (G) (v) Yoghurt (D) or Fresh Fruit
TUESDAY	(h) Chicken and Sweetcorn Pasta Bake with Garlic Bread (G.D)	Plantball Melt with Potato Wedges (G.D)		Spicy Sausage G.	(v) Strawberry Mousse with Fruit (D) (v) Ginger Cookie (G) Fresh Fruit
WEDNESDAY	British Roast Beef with Traditional Yorkshire Pudding and Gravy (D.E.G)	(vg)Quorn Roast with Gravy (G)		Italian Meatballs G.	(v) Homemade Jam Tart with Custard (D.G) (v) Chocolate Swirl Mousse (D) Fresh Fruit
THURSDAY	(h) Chicken and Country Vegetable Pie with Herby Diced Potatoes (G)	(vg) Quorn Dippers with Herby Dived Potatoes (G)		BBQ Chicken G.	(v) Homemade 'School Favourite' Sprinkles Sponge Cake (G.E) (v) Yoghurt (D) or Fresh Fruit
FRIDAY	Salmon and Sweet Potato Fishcake with Chipped Potatoes (G.F)	(v) Cheese and Tomato Pizza Wedge with Potato Wedges (D.G)		(vg) Tomato and Basil G.	(v) Homemade Shortbread (G) (v) Yoghurt (D) or Fresh Fruit

Key

vg = vegan	G = Gluten/Wheat
V = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconuts/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	