

SENSORY RESOURCE LIBRARY CATALOGUE



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admin@r2b.org.uk



www.roots2branches.co.uk

About our Sensory Toy Library

Our sensory toy library is free. The sensory library is open to the parents and carers of children aged 16 and under with a neurological condition, who live in the UK. You can join by requesting an application form by email: admin@r2b.org.uk

Members can borrow one item at a time for 28 days at a time. Sensory toys can be delivered to participating schools or can be collected from an allocated safe space.

You will be contacted when the items are available to arrange a suitable option.

At the end of the loan period, you will be contacted to organise a suitable drop off point.

Please bear in mind that there may be a wait to borrow some things. Library members can go on the waiting list for one item at a time. The normal wait to borrow one is between 2 and 12 weeks, depending on the popularity of the toy. If you would like to ask anything else about the library service or the range of toys, please email admin@r2b.org.uk

Our items

Sleep Aids

Neurodiverse children are more likely to experience sleep problems than typically developing children. We have a selection of night lights available with wonderful sounds to aid relaxation and sleep.

Weighted Items

Weighted items provide proprioceptive input. Proprioception is another name for body awareness and provides us with information about movement, position, and pressure. Proprioceptive input can have a calming and organising effect for many children.

Light Up Resources

Lighted items focus the child's attention on a single illuminated object and UV provides a completely different way of experiencing light and colours.

Sensory Kits

Sensory issues are common in children with neurodevelopmental conditions. We have a selection of kits that focus on specific sensory needs.

Kits/ Packages

We at Roots to Branches have researched a combination of sensory resources and created small packages of items which work together to create suitable feedback for your people with sensory challenges.

Sensory Relaxation Kit



- Vibrating Neck Pillow
- Cuddle Ball
- Scalp Massager
- Massage Balls x 3
- Massage Roller
- 2 X liquid timers
- Tangle Toy
- Vibrating massager
- Glitter stick
- Textured brush
- Massager roller wand
- Fibre optic Ice lamp
- Puffer toy

Description

Immerse your child in a world of tranquillity and self-discovery with the Sensory Relaxation Kit. Designed to be a haven for young minds, this sensory kit offers a unique outlet for children to connect with their inner spirit, allowing them to regulate their feelings and emotions through the power of play.

Inside the sensory kit, you'll find a curated collection of calming and relaxing sensory resources, carefully selected to provide a soothing and therapeutic experience. Each element in this kit serves as a tool for self-expression, relaxation, and mindfulness.

Whether it's the gentle textures, the calming colours, or the soothing sounds, every item in the Sensory Relaxation Kit is thoughtfully chosen to create a focal point for therapeutic activities. It's a world where children can retreat to find peace and balance in their own unique way.

Ages: 3+

Quantity: 1

UV Sensory Glow Kit



- 1 x UV Torch
- 1 x Large UV Lamp
- 1 x Slinky,
- 1 X Set of UV Glow stars.
- 1 x Small Ooze Tube
- 1 x 4 Colour UV Reactive Liquid timer
- 3 x Neon Groan Tubes
- 1 x Glow Gloves
- 7 x UV Puffer reactive toys
- Contents may vary.

Description

The comprehensive UV Sensory Glow Kit contains a wide variety of fun and exciting glow-in-the-dark toys that are sure to delight and entertain.

When exposed to the UV-light in the dark, these UV Sensory toys will glow up, creating a stimulating visual effect, giving children an entirely new understanding of light and colour.

The best place to use this kit is in a dark enclosed area.

Ages: 3+

Quantity: 1

Sensory Sponge Set



Description

This Tactile Sponge Set has a huge variety of sponges that will be sure to meet most tactile needs! - there are many different textures of sponge within the Sensory Tactile Sponge Set that will fulfil different visual and tactile sensory needs.

The Sensory Tactile Sponge Set is a tactile set which encourages sensory exploration through play.

Ages: 3+

Quantity: 1

Sensory Seeking Kit



Description

This kit encourages activity and stimulation and includes items that have hard textures, are brightly coloured, including percussion instruments and vibrating items. Aimed at the child who seeks sensory experiences and has a high sensory threshold, requires lots of stimulation or a more intense sensory stimulus in order to respond.

Some battery-operated items.

Age: 3+

Quantity: 1

Sensory Soothing Kit



Description

This kit includes items that are soft textured, have quiet sounds and low lighting and include items with slow moving glitter in gel and quiet percussion toys. Aimed at the child with a low sensory threshold who readily notices stimuli and may be uncomfortable or distracted by them.

Some battery-operated items.

Age: 3+

Quantity: 1

Fidget Kits



Description

Contains a range of brightly coloured, squishy, and tactile items ideal for keeping fidgety fingers occupied. Useful to aid concentration and focus.

Age: 3+

Quantity: 2

Weighted Items

Calming Weighted Blanket



Available in three weights:

- 1.4kg – Green & Red
- 2.3kg – Blue & Red
- 3.6kg - Grey & Red

Description

These blankets provide deep pressure stimulation, which helps children to calm down, relax, rest, and improve anxiety levels. Can help children with poor proprioceptive awareness, by providing sensory feedback which lets the child know where they are.

It is advised that weighted equipment should be no more than 5-10% of the child's body weight.

Made in a soft, breathable material to reduce potential overheating for the child.

Adult supervision required, safety and careful monitoring is a priority. The weighted blanket should be used at the direction of a professional therapist or by a caregiver who has been advised and trained in its use and application.

Barry the Beagle Weighted Neck Pad



Description

The Barry the Beagle Weighted Neck Pad soft and plush exterior is perfect for sensory-sensitive kids who crave touch and need extra comfort.

The added weight from the plastic pellets provides deep pressure stimulation, which can be incredibly calming and soothing for children with sensory processing needs.

Whether your child needs to pay attention in the classroom or focus on their homework, this pillow can help create a more conducive environment.

The Barry the Beagle Weighted Neck Pad can be worn around the neck for a cozy and supportive neck support, or it can be rolled up and used as a lap pad during circle time or quiet activities.

Age: 3+

Quantity: 1

Tote Around Turtle Weighted Lap Animal



Features:

- Measures 10 in x 6 in (25.4 x 15.2 cm).
- Colour may vary.
- Provides input and stability Enables a child to pay attention and focus.
- Uses weight, offering proprioceptive feedback.
- Reduces rocking behaviours, maintaining 90-degree hip flexion, decreases leg wrapping around the chair and incidence of standing during fine motor activities.
- Effective for 'grounding' children with autism, sensory integration disorders and many other neurological challenges

Description

Using weight to offer proprioceptive feedback is effective for 'grounding' children with autism, sensory integration disorders and many other neurological challenges.

Ages: 3+

Quantity: 1

Junior & Senior - Home Study Pack for Sensory Seekers



Description

Home Study Pack has been put together to help students at home with useful tools and products to calm, help concentration and aid learning.

Junior Pack includes the following items:

- 1 x 1 kg Fire Retardant and wipe clean Weighted Lap Pad to calm whilst sat at the desk to aid concentration.
- 1 x Junior Wedge Cushion to help reduce fidgeting and increase concentration and promote the correct seating position. Suitable age 3 and up to age 7.
- 1 x Clear Writing Slope - Our writing slopes have a 20-degree angle, which helps to ensure greater comfort and more effective skills development; helping in the development of handwriting skills.
- Writing Grips - pack of 10 of our bestselling writing grips to help establish a proper grip when holding a pen or pencil.

Senior Pack include the following items:

- 1 x 2 kg Fire Retardant and wipe clean Weighted Lap Pad to calm whilst sat at the desk to aid concentration.
- 1 x Senior Wedge Cushion to help reduce fidgeting and increase concentration and promote the correct seating position. Suitable age 6 and upwards.
- 1 x Clear Writing Slope - Our writing slopes have a 20 degree angle, which helps to ensure greater comfort and more effective skills development; helping in the development of handwriting skills.
- Writing Grips - pack of 10 of our bestselling writing grips to help establish a proper grip when holding a pen or pencil.

Good for:

- The pack is aimed at children 5 and over. (See Senior pack teenagers)
- Anyone who has difficulty sitting for short or long periods of time.
- Who get distracted easily.
- Who have trouble concentrating.
- Who have difficulty with calming down.

Sitting Ball with Feet - 3 sizes



3 sizes 45cm / 55cm / 65cm

Anti Burst & Latex Free

Weight limit 18 stone



Description

The Sitting Ball has 6 little feet to prevent it from rolling away when used as a sitting ball chair.

The anti-burst, latex free ball is available in 3 sizes: -

- 45cm - Blue
- 55cm - Yellow
- 65cm – Green

The chair encourages dynamic sitting and promotes proper body alignment for better posture.

Gentle body movements improve blood circulation and increase the user's attention span which is conducive to better learning or working.

Balls are commonly used for:

- To improve dynamic balance by sitting or lying on top of the ball
- Activities to facilitate movement and general gross motor coordination.
- Exercises to increase core strength by working on the abdomen and back control.
- Sensory activities such as applying deep pressure with the ball to calm.
- Gradual introduction of increased weight bearing activities to improve muscle tone and strength.
- Latex free

As a quick guide before buying a ball, measure the distance from the user's armpit to the middle fingertip and match this measurement to the height of the ball (within 5cm).

Balance

A Whizzy Dizzy



Description

The Whizzy Dizzy is the ultimate playtime companion for kids, offering endless fun and excitement. Setting up the Whizzy Dizzy is a breeze - simply place it on a flat surface, climb on, and grab hold of the sturdy handles.

But this fantastic toy doesn't just provide amusement - it also promotes physical development. As children spin, they naturally improve their balance, coordination, and endurance.

This toy is suitable for kids of all ages.

Fun comes full circle with the Whizzy Dizzy

- Kids can sit on the whizzy dizzy, then turn the central handle to spin.
- Improves hand-eye coordination and gross motor skills.
- Oversized to fit two kids, but also perfect for independent play.
- Constructed of extra-heavy-duty, completely recyclable plastic
- Turning the wheel is great exercise, and it builds eye-hand coordination and gross motor skills.
- For indoor or outdoor use.
- **Size:** 550mm diameter,
- **Height:** 300mm
- **Maximum weight limit:** 45kg.
- **Recommended:** Children should always complete equal rotations clockwise and anti-clockwise.

Ages: 3+

Quantity: 1

Giant Balance Spinning Top

This giant balance top is designed to help children develop physical coordination.



The top doesn't have a weight limit, but it is suitable for children up to a height of approximately 150cm (roughly ages 3-10yrs)

- **Weight Capacity:**220.5lb
- **Height:** 44cm
- **Diameter:** 80cm
- **Age:** Suitable for 3 yrs. and up.

Description

Children enjoy the sensation of rocking from side to side or spinning and the top can even be used for den making.

Ages: 3-10yrs

Quantity: 1

WippSider Plastic Balance Playground Walker

The WippSider is a stable and easy-to-use seesaw, which is ideal for developing balance and sensory motor skills through play.



Features:

Colour: Blue

Material: Plastic

Height: 9cm

Length: 52cm

Width: 12.5cm

Weight Limit: 120kg

Age: Suitable: for 5-11yrs.

Quantity: 1

Teeter Popper – Sensory Rocker

Features:

- Pleasant POPPING sound rewards movement
- Silicone suction cups
- Highly durable plastic body
- Versatile shape and bright colours
- Appeals to a wide range of ages.
- **Dimensions (inches):** 28 L x 11.5 W x 7.5 D
- **Weight Limit:** Approximately 110 lbs



Description

Whether they rock it, roll it, sit in it, or stand... kids want to move with Teeter Popper! How wildly fun it is!

“POP-POP-POP... POP-POP-POP!” Senses go for a ride every time they play.

A cinch to manoeuvre - stand, sit, rock, tilt, wobble, wiggle, spin. How children play is however they choose.

Teeter Popper improves core strength, stability, leg strength, balance, coordination, and gross-motor skills.

TeeterPopper!

Arouses curiosity, stimulates senses, engages imagination, encourages creativity.

Improves core strength & stability, balance, coordination, and gross motor skills.

Quantity: 1

Balance Steps



Features:

- The Step a Stones are perfect for enhancing co-ordination and balance.
- String is adjustable to vary distance and challenge between steps.
- Stack-able for easy storage.
- **Size of surface:** 230mm,
- **Size of base:** 320mm,
- **Height:** 130mm.

Description

Set of 6 sturdy flat topped Balance Step a Stones connected with ropes which may be adjusted. Each Balance Step a Stones has a pimpled platform to help prevent slipping. Children will gain confidence and improve balance as they progress from stepping on each Balance Step a Stone over short gaps to jumping over longer gaps.

Ideal for improving coordination, balance, and gross motor skills. Can be used indoors or outside to create a fun and challenging obstacle course or part of other confidence building games. The stones are connected with rope, which can be adjusted to various lengths to increase/decrease the degree of difficulty.

Each colourful stone has a safe non-slip rubber base for stability and is made from strong and robust polypropylene. They nest together so they can be stored or transported easily.

Ages: 3+

Quantity: 1

Wobble Air Cushion



Features

- Helps to improve balance and posture.
- Not just a posture aid, it can be used for a variety of exercises for a full body workout.
- Help build core strength and tone abdominal muscles.
- **Material:** Rubber
- **Shape:** Circle

An ideal tool for improving balance and posture, the inflatable dynamic balloon mimics movement and shape.

Great for using while sitting and working at a desk. The cushion is essentially 'unstable', by simply sitting on it, keeps children's core muscles working and their postural reflexes stimulated.

Children can kneel or sit on it while exercising to increase the challenge of a workout to help build core strength and tone abdominal muscles. Use for balance training and strengthening lower leg muscles. Inflate depending on desired difficulty level.

- **Age Range:** Suitable from birth to 16 years
- **Quantity:** 1

Pop-up Sensory Space/ Pods with Lights

We have 2 sized tents available which will come with a set of lights.



Contents include:

- **1 x sensory space, 1 x storage bag**
- **Colour:** Black
- **Height:** 142 cm
- **Width:** 142 cm
- **Depth:** 142 cm
- **Age Range:** Suitable for age 10 months and up
- **Wheelchair accessible**
- **Lights pictured are not part of this pack.**

Description

The pod/ tent provides a calming, safe sensory space to relax, unwind or discover. Easily set up with its pop-up construction, these dark den/sensory spaces are ideal to have in a classroom or for use at home.

Designed to provide a safe place or cool down spot for children who become easily overwhelmed by sensory stimuli. The den can act as a calming space when coping with new routines, during one-to-one time or as a resting area.

Can be used with lighted objects and UV equipment for sensory exploration, with hook and loop fastener tape in each corner to hang things for added stimulation.



Features:

- Enables children to explore their senses in the dark
- Helps children to feel calm and unwind.
- Perfect for one-to-one sessions and rest time

- **Material:** Polyester
- **Height:** 1m
- **Length:** 1m
- **Width:** 1m
- **Age Range:** Suitable for 3 to 14 years

Quantity: 1 of each

Dark Den Light Up Accessory Kit



Bring calming lights into your dark tent to stimulate your sensory needs.

Features:

- 1 x Desktop Jellyfish Lamp. Requires 3x AA batteries.
- 1 x Amazing Rainbow Projector
- 1 x LED Moon light. Requires 3 x AAA batteries.
- 1 x Infinity mirror tunnel lamp. Requires 3 x AA batteries.
- 1 x ball. Requires 3 x AA batteries.
- (Glitter lamp not included.)

Ages Range: Suitable for age 3 years and up

Light Sources

Fibre Optic Light Source3



Description

A popular sensory resource, fibre optic tails are visual and tactile, providing a fascinating sensory lighting product that can be used in many different ways.

- Provides visual stimulation.
- Light effect offers a soothing and calming environment to relax.
- Encourage tactile exploration.

Perfect for laying across the floor, soft mat, or bean bag for soothing visual stimulation and tactile exploration.

The light emitted provides a gentle calming effect and made even more soothing when draped around them. These fibre optic tails are durable and can handle stretching or chewing and do not heat up. Power light source is not included.

Features

- **Fibre Optic Tails x 2 metre**
- **Length: 2m**
- **Quantity: 1**

Laser Sphere Light



Features of the Laser Sphere light:

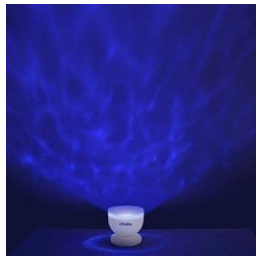
- Multi-coloured, phasing laser lights.
- Can be used with or without the lid - with lid makes a nice orb, without lets the light go everywhere.
- Mains-powered (adapter included)
- **Quantity: 1**

Description

The dual use Laser sphere is a relaxing colour changing mood light, but when you remove the iridescent semi-sphere diffuser to project the second dazzling light effect it simply amazes.

The Laser Sphere light comes with a removable lid so that, if you should feel that way inclined, you can confine the laser to the sphere itself or let all those reds, blues, greens purples and whatever else fill up the room.

Aurora Ocean Wave Projector



- Relaxing blue LEDs project ocean waves
- Can use 4 AA batteries.
- Or use a Mains adaptor.
- 3.5mm audio jack + built-in speakers

Description

The Ocean Wave projector not only creates a visual experience, but also offers an immersive audio experience.

With its 3.5mm audio jack and built-in speaker, you can connect your MP3 player or phone and listen to your favourite relaxation music while enjoying the tranquil ambiance it provides.

The projector projects blue waves that beautifully mimic the soothing motion of the ocean.

There are various settings available to customize your experience. You can adjust the brightness and speed of the waves to match your mood and preferences. The device also has a built-in timer that allows you to set it to automatically turn off after a certain period of time, giving you the flexibility to use it without worrying about remembering to switch it off.

With its mesmerizing ocean wave projection and immersive audio capabilities, this fantastic Ocean Wave projector gadget offers a unique and delightful way to enhance any space and create a serene atmosphere whenever you desire.

- **Quantity:** 1

Soothing Sounds Mood Projector



Features:

- 5 relaxing sounds 'brook, summer night, sea, bird song & dawn',
- 3 control modes 'light, sound, or light & sound',
- 3 sound options 'on', 'off' or 'auto'-
- 30 minutes, and a touch on/off control.
- **Batteries required:** 3 x AA.

Description

This Soothing Sounds Mood projector Light plays relaxing nature sounds with colour change lighting effects which children and adults alike will love, both a visual and relaxing light. The Soothing Sounds Mood Projector helps relieve stress and promote a calming and soothing effect. The stunning soothing sounds mood projector features a colour changing light to set the mood. The Lifemax Soothing sounds mood projector is the perfect addition to any sensory room or calming zone.

Quantity: 1

Fibre Optic Lamp



Description:

Using fibre optic technology these lamps create a calming and relaxed atmosphere with their mesmerising glow, ideal for use in a sensory room, sensory den or just use as a fun display in a bedroom or classroom.

The fibres can also be safely touched giving a tactile experience. Four colours: Pink, Blue, Green & Black

Features:

- Mesmerising fibre optic spray
- Transparent light up base
- Requires 3 x AA batteries.
- **Approximate Product Dimension:** (H) 25cm.
- **Quantity:** 1

Lumi Bedbug



Description

The Lumi Bedbug is a bedside light for babies and young children and can be used as a bedside light for story time and a nightlight with an orange glow during the night.

It also has a sunset feature which fades slowly to off or to nightlight mode.

Mains electric

Quantity: 1

Aroma Diffuser



Description

This cool colour changing Aroma Diffuser certainly can bring life to any Sensory Room, this awesome device lights up and changes colour.

You can fill up the Aroma Diffuser Tank with liquid fragrance and the device will disperse it in the air at an interval.

Elevate your sensory room or living space with our Colour-Changing Aroma Diffuser, designed to captivate both your sense of smell and sight.

Enhance your sensory experience today with our Colour-Changing Aroma Diffuser and immerse yourself in a world of visual and olfactory delight.

Quantity: 1

Star Projection Alarm Clock



Description

A starry night light and alarm clock in one, this multi-function clock helps you to drop off to sleep and wakes you up in the morning too! Just the right size to fit onto your bedside table, this digital alarm clock displays the time, date and your room temperature and fills your room with colourful star projections to mesmerise as you drift off to sleep.

Struggle to relax at bedtime? Soothe yourself to sleep with one of four nature sounds and then set the alarm to wake you with one of six sounds including the nature sounds and two melodies.

Battery operated.

Projects colour change stars

Quantity: 1

Light up Sensory Cushions

Features:

- Perfect for any sensory space
- Provides visual and sensory stimulation.
- Encourage concentration and focus.
- **Colour:** White
- **Material:** Polyester
- Removable cushion cover that you simply unzip and wash at 30 degrees.
- **Requires:** 4 x AA batteries



This sensory cushion will help to create a calming environment for children to sit and relax.

The gentle stream of light is also a great way to encourage concentration, focus and visual processing.

The softness of the fabric provides sensory feedback and stimulation. The cushions can be used either with the lights on or off, making them a versatile soft furnishing for a sensory area.

Age Range: Suitable for 6 months to 15 years

Quantity: 1

Wooden Lacing Shoe, Shoelace Practice Board



Description

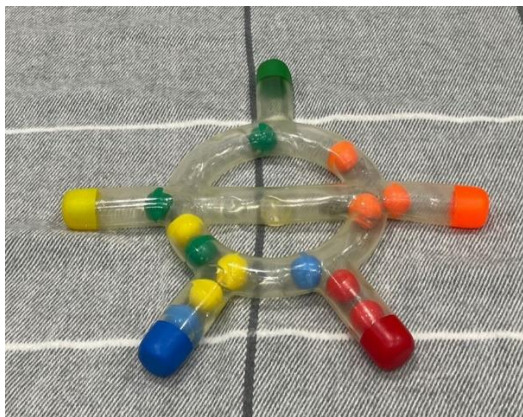
This Wooden Shoe Toy is specially designed to teach kids how to tie their shoelaces properly.

The practice shoelace tying board can help children know the structure of shoes correctly, tie shoelaces practice can develop children's active thinking ability, concentration, operational ability, and coordination ability.

This shoelace practice board is made of natural wood materials and environmentally friendly water-based coatings, individually packaged, bright and bright colours, non-toxic, odourless, smooth, and burr-free.

Ages: 3-6 years

Quantity: 2



Sensory Wheel

Description

Discover a delightful sensory adventure with our Soft Silicone Wheel Manipulative Toy, perfect for little hands with big imaginations! This vibrant wheel offers endless opportunities for fun and cognitive development, presenting children with a mesmerizing experience that engages both their hands and minds.

FEATURES:

- **Material:** Crafted from soft and pliable silicone.
- **Coloured Balls:** The wheel houses a captivating array of coloured balls, each eager to slide and roll at your child's whim. Their vivid hues are sure to catch your child's eye, stimulating visual tracking and differentiation skills.
- **Malleable Design:** Children can squeeze, twist, and manipulate the wheel in various ways, fostering fine motor skills and encouraging exploratory play.
- **Logical Reasoning:** The toy presents a fun challenge as children work out how to segregate the balls based on their colours. This activity nurtures logical reasoning and problem-solving skills, forming a strong foundation for their early learning journey.
- **Sensory Experience:** The textured surface of the wheel adds an extra layer to the sensory play, allowing children to explore different textures and enhance their tactile awareness.
- **Diameter:** 27cm

Ages: 3 years +

Quantity: 1

Ear Defenders



Features:

Dimensions: 11x9x11 cm

Weight: 190gms

Size: One size

Style: Adjustable

Description

UNLEASH YOUR CHILD'S ADVENTURES - Fully adjustable, these kids ear defenders are tailor-made for kids aged 6 months and up. Ideal for sensory needs, perfect for endless adventures.

- NOISE? designed to face any noise head-on. Let your child explore confidently.
- SUPERCHARGE FOCUS - Edz Kidz children's ear defenders are perfect for sensory needs and kids with autism. Elevate their performance.
- PEACEFUL COMFORT FOR ALL AGES: These kids ear defenders adapt effortlessly to embrace children of all ages.

Quantity: 2

Reading Library

Our growing book library holds titles which help explain the difficulties neurodivergent children face each day.



Stories for Special Children Book

These stories aim to reassure readers they are not the only child with special needs.

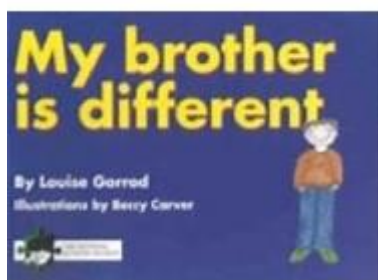
They highlight areas of need, contain valuable information and suggested ways of supporting the children and enabling them to develop their potential.

Titles include:

- Katie has Autism.
- Jack has Aspergers Syndrome
- Daniel has Dyspraxia.
- Charlotte has Communication Difficulties
- Suzie has Selective Mutism
- Matilda has Touch Sensitivity
- James has Sensory Processing Disorder
- Thomas has Dyslexia.
- Andrew has ADHD.
- Poppy has Visual Impairment

Age range: Suitable for 5 to 11 years.

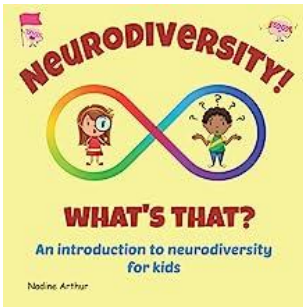
My Brother is Different – by Louise Gorrod



A book to help explain to siblings why their brother/sister is different and to help them accept that although they are different, they can't help the way they behave.

Neurodiversity! What's That? An introduction to neurodiversity for kids – by

Nadine Ramina Arthur

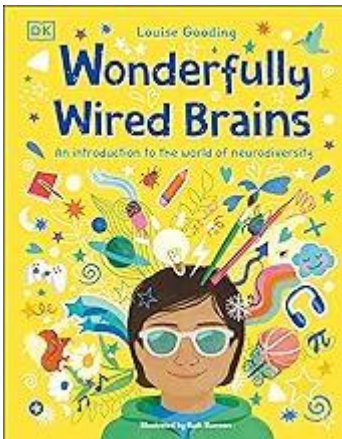


Neurodiversity! What's That? is for children aged 7 and upwards.

- This book is a fun introduction to neurodiversity written by a neurodivergent mum aiming to improve the self-esteem and confidence of children.
- Neurodiversity! What's That? defines keywords and ideas shared by the neurodiversity movement. Such as how different brain types don't have to be viewed as disorders while not underestimating the challenges of thinking and learning differences.
- The book includes many positive messages and can also help parents navigate the world (and language) of neurodiversity.
- Neurodiversity! What's That? mentions autism, PDA, ADHD, dyslexia, dyscalculia, dyspraxia, dysgraphia, and Irlen Syndrome.

Wonderfully Wired Brains: An Introduction to the World of Neurodiversity –

by Louise Gooding

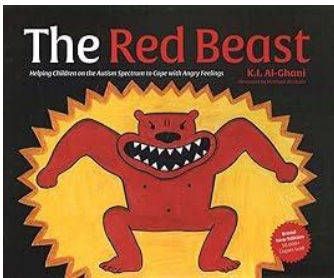


An informative and inclusive children's guide to neurodiversity for those not in the know and to inspire children who are neurodivergent.

Our brains are unique in the way they function, work, and think. Neurodiversity is still a relatively 'new' concept that can be tricky to understand, but this book is here to help! This inspirational book written by neurodiverse author Louise Gooding challenges misconceptions and shows how neurodivergent brains work a little differently.

Wonderfully wired Brains teaches children aged 7-9 all about the awesome abilities that neurodiverse individuals have, introduces them to advocates who are challenging neurodiversity stereotypes, and most importantly gives them a safe space to feel accepted.

The Red Beast: Helping Children on the Autism Spectrum to Cope with Angry Feelings – by Kay Al-Ghani



Deep inside everyone, a red beast lies sleeping.

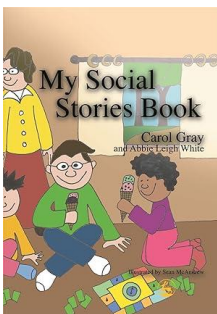
When it is asleep, the red beast is quite small, but when it wakes up, it begins to grow and grow.

This is the story of a red beast that was awakened.

Danni is in the school playground when his friend, Charlie, kicks a ball that hits him in the stomach, waking up the sleeping red beast: 'I hate you - I'm gonna get you!'. The red beast doesn't hear the teacher asking if he's okay. It doesn't see that Charlie is sorry - how can Danni tame the red beast?

The second edition of this vibrant fully illustrated children's storybook is written for children aged 4-9 and has been updated with inclusive up-to-date language and new illustrations to make sure every child's red beast can learn to be tamed! This is an accessible, fun way to talk about anger, with useful tips about how to 'tame the red beast' and guidance for parents on how anger affects children who struggle to regulate their emotions.

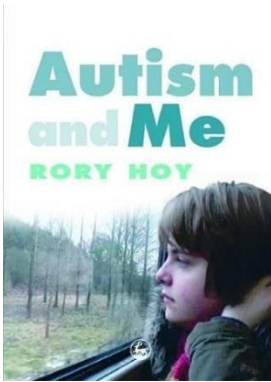
My Social Stories Book - by Carol Gray & Abbie Leigh White



Over the last decade, Carol Gray's Social Stories approach has become established as a highly effective way of teaching social and life skills to children on the autism spectrum. Taking the form of short narratives, the Stories in My Social Stories Book take children step by step through basic activities such as brushing your teeth, taking a bath, and getting used to new clothes. It also helps children to understand different experiences such as going to school, shopping, and visiting the doctor. These stories are written for preschoolers aged from two to six, and the book is a useful primer for all young children - but most especially those on the autism spectrum.

My Social Stories Book contains over 150 Stories, and is illustrated throughout with line drawings by Sean McAndrew, which form a visual counterpart to the text. A helpful introduction explains to parents and carers how to get the most out of the book.

Autism and Me, DVD - by Rory Hoy



'Autism & Me' is a film Rory made in 2006 before his DJ career began, which is now released worldwide on DVD.

In easy accessible terms, Rory explains what having autism means for everyday functioning: what it's like, for instance, not to have the natural inclination to respond when someone calls your name, or someone waves at you; what it's like to take someone literally when they have actually used a figure of speech. He describes the confusion caused by high noise levels, crowded environments and even by his own emotions and physical sensations, as well as the security and comfort found in routines, forward planning and having thoughtful, calm, and loving people around him.