

## Educaterers Lunch Menu Week 1 – w/c 8/4, 29/4, 20/5, 10/06, 1/7, 16/9, 7/10

	Red Option	Green Option	Brown Option Jacket Potatoes Every Day	Blue Option Pasta Bar: One Choice Every Day	Dessert
<b>MONDAY</b>	Gluten Free Pork Meatballs in Tomato Sauce with Pasta (SB SU G)	(Vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)	Jacket Potato – (V) Cheese (D), Tuna (F.E) or (V) Baked Beans	(V) Tomato Mascarpone (D.G.)	(Vg) (H) Lemon Shortbread (G) (V) Chocolate Whip with Orange Wedge(D) (V) Yoghurt (D) or Fresh Fruit
<b>TUESDAY</b>	(H) Chicken Taco with Potato Wedges (D)	(V) Cheese and Tomato Pizza Wedge with Potato Wedges (G.D)		(V) Pancakes with Fruit (G D E) (Vg) (H) Ginger Cookie (G) (V) Yoghurt (D) or Fresh Fruit	
<b>WEDNESDAY</b>	British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)	(Vg) Quorn Roast in Gravy with (V) Yorkshire Pudding (D.E.G)		Italian Meatballs (G)	(V) (H) Jam Sponge (G E) (V) Ice Cream (D) Fresh Fruit
<b>THURSDAY</b>	(H) Chicken Chow Mein (chicken with noodles) (G)	(H)(V) Cheesy Tomato Pasta Bake with Freshly Baked Wholegrain Baguette (D.G)		Spicy Sausage (G)	(Vg) (H) Chocolate Cracknel (G) (V) Yoghurt (D) or Fresh Fruit
<b>FRIDAY</b>	(M.S.C) Gluten Free Breaded Fish Fillet (F) with Chipped Potatoes	(Vg) Vegetable Hotdog with Chipped Potatoes (G)		(V, Vg) Tomato and Basil (G)	(V) Jelly with Fruit (V) Ice Cream (D) Fresh Fruit

### Allergen Key

C = Celery	F = Fish	SB = Soya
D = Dairy	H = Homemade	SU = Sulphites
E = Egg	M = Mustard	V = Vegetarian
G = Gluten/Wheat	S = Sesame	Vg = Vegan