

## Educaterers Lunch Menu Week 1 – w/c 20/11, 11/12, 15/01, 05/02/, 26/02, 18/03

	Red Option	Green Option	Brown Option Jacket Potatoes Every Day	Blue Option Pasta Bar: One Choice Every Day	Dessert
<b>MONDAY</b>	(h) Chicken Biryani with Vegetables (SU)	(v) Cheese and Tomato Pizza Wedge with Potato Wedges (D.G.)	(v) Cheese/Beans (D) or (v) Cheese (D) or Tuna Mayonnaise (F.E.)	(v) Tomato Mascarpone (D.G.)	(v) Homemade Chocolate Cracknel (G) (v) Yoghurt (D) or Fresh Fruit
<b>TUESDAY</b>	(h) Minced Beef Burrito with Herby Diced Potatoes (D.G.)	(vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)		BBQ Chicken (G)	Jelly with Fruit (v) Homemade Crunch Cookie (G) (v) Yoghurt (D) or Fresh Fruit
<b>WEDNESDAY</b>	British Roast Gammon Steak with Gravy	(vg) Quorn Roast with Gravy (G)		Italian Meatballs (G)	(v) Homemade Chocolate, Pear & Apple Crumble with Custard (G.D) (v) Ice Cream (D) Fresh Fruit
<b>THURSDAY</b>	Chicken Burger in a High Fibre Bun with Spicy Wedges (G)	(v, h) Tomato Pasta Bake with Freshly Baked Wholegrain Baguette (D.G)		Spicy Sausage (G)	(v) Mini Waffle with Toffee Sauce (G.E.D.SB) (v) Yoghurt (D) or Fresh Fruit
<b>FRIDAY</b>	Breaded Fish Fillet Fingers with Chipped Potatoes (F)	(v, h) Vegetable Crumble with a Cheesy Top (G.D.)		(v, vg) Tomato and Basil (G)	(v) Cheddar Cheese, Crackers and Apple Wedges (G) (v) Ice Cream (D) Fresh Fruit

### Key

vg = vegan	G = Gluten/Wheat
V = vegetarian	F = Fish
D = Dairy	M = Mustard
N = Coconuts/Nuts	SB = Soya
S = Sesame	SU = Sulphites
E = Egg	