

Monday



Pork Sausages (G.SU)

or



(v) Chinese Style Quorn Noodles (E.G.)

or

or



BBQ Chicken Pasta (G.)

Tuesday



BBQ Chicken Fillet Wrap (G.)

or



(v) Farmhouse Omelette (D.E.)

or



(v) Jacket Potato with Cheese (D.)

or



(v) Tomato Mascarpone Pasta (G.D.)

Wednesday



Roast Pork or Gammon

or



(v) Vegetarian Toad in the Hole (G.SU.SB.D.E.)

or



Jacket Potato with Tuna Mayonnaise (E.F.)

or



Italian Meatballs with Pasta (G.)

Thursday



Pasta Bolognese (G.) Optional Cheese (D.)

or



(v) Cheddar Cheese and Potato Pie (D.E.)

or



(v) Jacket Potato with Cheese and Beans (D.)

or



Pasta with Bangers and Beans (G.)

Friday



(*Crispy Fishcake (F.G.SB.)

or



(v) Rustic Margherita Pizza (D.G.)

or



(v) Tomato and Basil Pasta (G.)

Week 1 Dessert Menu

Every day we offer:
(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday
(v) Strawberry Swirl Mousse (D.)
(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

Tuesday
(v,h) Homemade Iced Mandarin Sponge (G.E.)

Wednesday
(v,h) Apple Pie (G.) with Custard (D.)
Ice Cream Tub (D.)

Thursday
(v) Chocolate Mousse with Fruit in Juice (D.)
(vg) Homemade Crunch Cookie (G.)

Friday
(v) Homemade Sticky Ginger Cake (G.E.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Key

- vg = vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

*Salmon and Sweet Potato

