

Meat Free Monday



(v) Cheese and Tomato Pizza Wedge (D.G.)

or



(vg) Breadcrumbs Vegetable Fingers (G.)

or



(v) Jacket Potato with Cheese (D.)

or



(v) Tomato and Basil Pasta (G.)

Tuesday



Organic Beef Grill (G.) in a Bun (G.)

or



(v) Cheesy Pasta Bake (G.D.)

or

or



Pasta with Bangers and Beans (G.)

Wednesday



Roast Chicken Joint or Fillet

or



(v) Vegetable Korma (M.D.E.)

or



Jacket Potato with Tuna Mayonnaise (E.F.)

or



Italian Meatballs with Pasta (G.)

Thursday



Organic Beef Lasagne (G.D.)

or



(vg) Veggie Hot Dog (G.SB.SU.)

or



(v) Jacket Potato with Cheese and Beans (D.)

or



BBQ Chicken Pasta (G.)

Friday



Gluten Free Fish Fingers (F.)

or



(v) Jacket Potato with Cheese (D.)

or

or



(v) Tomato Mascarpone Pasta (G.D.)

Week 3 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Chocolate Cracknel (G.)

Tuesday

Jelly with Fruit
(v) Ice Cream Tub (D.)

Wednesday

(v,h) Homemade Up Beet Chocolate Cake (G.E.) with Hot Chocolate Sauce (D.)

Thursday

(vg) Homemade Zesty Orange Cookie (G.)

Friday

(v,h) Homemade Favourite Fruit Muffin (G.E.D.)
(v) Ice Cream Tub (D.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

vg = vegan
V = vegetarian
D = Dairy
N = Coconut/Nuts
S = Sesame
E = Egg
G = Gluten/wheat
F = Fish
M = Mustard
SB = Soya
SU = Sulphites

