

Monday



Organic Pork Meatballs (G.SU)

or



(v) Vegetable Cottage Pie with Cheesy Mash Top (D.)

or



(v) Jacket Potato with Cheese (D.)

or



Pasta with Bangers and Beans (G.)

Tuesday



Brunch: Sausage (G.SU), Bacon, Omelette (D.E.)

or



(v) Quorn Korma (very mild) (M.D.E.)

or



(v) Jacket Potato with Cheese (D.)

or



BBQ Chicken Pasta (G.)

Wednesday



Roast Beef in Gravy

or



(vg) Veggie Bolognese with Noodles (G.SB.)

or



Jacket Potato with Tuna Mayonnaise (E.F.)

or



(v) Tomato and Basil Pasta (G.)

Thursday



Chicken Pie (D.G.)

or



(vg) Veggie Sausages (G.SB.SU.)

or



(v) Jacket Potato with Cheese and Beans (D.)

or



Italian Meatballs with Pasta (G.)

Friday



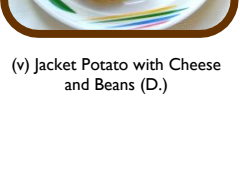
Breaded Pollock Fillet (F.)

or



(v) Quorn Nuggets (G.D.E.)

or



(v) Jacket Potato with Cheese and Beans (D.)

or



(v) Tomato Mascarpone Pasta (G.D.)

Week 2 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack (G.)

Tuesday

(v,h) Homemade Sponge Cake with Fruit in Juice (G.E.)

Wednesday

(v,h) Homemade Fruit Crumble (G.) with Custard (D.)
(v) Ice Cream Tub (D.)

Thursday

(vg) Homemade Chocolate Shortbread (G.)

Friday

(v) Dinky Doughnuts with Dipping Sauce (G.E.D.SB.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

